

Vårdval Kronoberg – when citizens chose their care centre

Vårdval Kronoberg means that citizens residing in Kronoberg County may choose their care centre. You choose the care centre that best suits your needs. All citizens will be assigned to the care centre of their choice. It is each care centre's responsibility to adapt their organisation to the number of citizens that have selected it. At the following link on the County Council's homepage (in Swedish) www.ltkronoberg.se/varldval, a list is available of all the care centres that you can choose from.

How do I make my choice?

At any time, you can choose the care centre to which you would like to belong. If you become dissatisfied, you can make a new choice. You make your choice in writing by submitting the form for choice of care centre. This form can be downloaded from the County Council's homepage, www.ltkronoberg.se/varldval. Or, these forms are available at any of the care centres in the county. You can also order the form by calling the following service number: +46 (0) 470 58 96 60. If you are satisfied with the care centre that you belong to geographically, then there is no need to submit this form.

Four main principles

Vårdval Kronoberg is based on the following four main principles:

- Freedom of choice – citizens residing in the county are able to choose a care centre that is then responsible for providing basic needs in terms of open health and medical services. Care centres must accept the patients that formally choose to go there and adapt their resources accordingly.
- Accessibility – this should make contact with healthcare services easier. The goal is to achieve a higher level of accessibility than what is required by the guarantee for a limited waiting period when seeking care. Making appointments can thus be done more easily and care centres can be more flexible in the open hours that they offer.
- Diversity – one goal is for citizens to be able to choose from more options than what is currently available.
- Cost control – the system should be designed to keep costs under control.

Approved care centres

Care centres that belong to Vårdval Kronoberg must be approved by the Kronoberg County Council. In order to obtain approval, the centre must provide the basic services stipulated by the County Council. Among other things, this includes basic health and medical services, advisory services, preventative measures, rehabilitation, child health services and psychiatric expertise. Care centres must adhere to health and medical services' legislation and regulations. They must also have a high level of competence and provide high quality care. You will recognize these approved centres by the symbol representing Vårdval Kronoberg.

Competence

All health and medical services personnel must have the required licenses and competence. At each care centre, at least 75 % of the practising specialists must be specialists in general medicine and at least 50 % of the nurses are required to have received special training as district nurses.

Health and medical services subsidy

Each care centre receives a subsidy from the county council for each citizen that has chosen the centre. The size of the subsidy (hälso- och sjukvårdspeng, in Swedish) varies, depending on the age of the citizen. Patients pay the same fee at all care centres that belong to Vårdval Kronoberg. The rules are the same at each centre regarding high-cost cards and free cards (in Swedish, högkostnadskort and frikort, respectively).

Follow-up

In order to ensure that care centres adhere to the established guidelines and requirements, the county council will follow-up on how centres are being run. If a care centre does not live up to the requirements, the county council may deduct from the centre's subsidy.



This symbol shows that a care centre has been approved by the Kronoberg County Council.