

## Time for vaccination

### How you can facilitate the vaccination process

- Bring along photo identification.
- When you arrive at the vaccination centre, while you wait, you will need to fill in a form with your national identification number and any allergies and illnesses that you may have.
- Bring along something to read or anything else to keep you busy.
- The vaccine is administered in the upper arm, so kindly wear a short-sleeved shirt.

### Changes and disruptions

All of Sweden's county councils perform the vaccination based on general national recommendations. It is the largest vaccination campaign to be carried out in Sweden to date. We ask for your patience in the event of any disruptions and for you to understand that on some days the vaccine can run out. For the latest information concerning our plans, please visit [www.ltkronoberg.se](http://www.ltkronoberg.se)

### Information about the influenza and the vaccination

- If you are ill and wish to receive advice about care, please read more at [www.1177.se](http://www.1177.se) or ring 1177.
- From 12 October, you can also receive answers to practical questions concerning the vaccination. Ring 1177. Once you have listened to the recorded message press 9. The service is available everyday from 8 a.m. to 5 p.m.
- If you have any other questions about the new influenza A(H1N1), please read more at [www.krisinformation.se](http://www.krisinformation.se) or ring 020-20 20 00 – a telephone line on which the authorities responsible answer general **questions**.

**This information is translated into different languages. Visit our website [www.ltkronoberg.se](http://www.ltkronoberg.se) and click on the flag icon at the top of the page.**

“It is important that you become vaccinated in order to protect yourself, to protect others and to prevent the spread of infection.”



*Doctor Arne Runehagen,  
Infectious Disease Control at  
Kronoberg County Council.*

Kronoberg County Council is offering everyone a free vaccination against the new influenza A(H1N1). You need to have two shots with at least a three week interval in order to have adequate protection.

## At-risk groups first, followed by age

People with certain chronic illnesses as well as pregnant women run a higher risk of being affected by a more severe progression of the illness. These people are therefore offered the vaccination first, together with medical staff.

After that, one age group at a time is vaccinated. The youngest first since they run a higher risk of being infected than the elderly.

Priority for vaccination	Estimated start
Clinical risk groups up to and including 50 years old, pregnant women and medical staff, shot 1	15 October
Clinical risk groups from 50 years old upwards, shot 1	27 October
Shot 2	November
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<b>Vaccination of others</b>	
children 3–12 years old	24 November
After that, one age group at a time	December–February 2010

You can receive more information about this in 'Det goda livet' magazine, which will arrive in your letterbox on 7–8 Nov, and at [www.ltkronoberg.se](http://www.ltkronoberg.se).

Shot 2 will be available to the general public after New Year, after everyone has been offered shot 1.

### Clinical risk groups

Pregnant women and persons older than 6 months in regular contact with their doctor due to:

- COPD or any other chronic lung disease
- asthma that is continuously being treated with cortisone inhalations
- extreme obesity that affects the breathing
- neuromuscular disease, e.g. MS or ALS that affects the breathing
- chronic cardiovascular disease, e.g. heart failure, angina, atrial fibrillation
- suppressed immune defence, e.g. ongoing chemotherapy or HIV
- chronic liver or renal failure
- insulin-treated diabetes
- children with CP/multiple disabilities

### Community-based home care

Those of you that have community-based home care will be administered the vaccination at home.

Planned opening hours can change, up-to-date information is always available at [www.ltkronoberg.se](http://www.ltkronoberg.se). Compensation for travel expenses is not paid out in connection with the vaccination.

You can also receive the vaccine during a normal visit to the clinic or if you are hospitalised.

### Children's vaccinations

- Children from 6 months to 3 years old that belong to an at-risk group are vaccinated at the Department of Pediatrics at Ljungby Hospital and at the Young People's Clinic at the Central Hospital Växjö.
- Children under 3 years old that do not belong to an at-risk group are recommended not to have the vaccination.
- Children from 3 years old up until they start school are either vaccinated in connection with a normal visit to the Children's Clinic or at the vaccination centre.
- Children and young people that attend school are vaccinated by the school health services. Specific information is submitted via the school.